

Typical American Ease Chart.

The Occidental garment fits differently from the Oriental garment. This can be best illustrated by taking a look at the typical Susie Wong dress, made popular by The World of Susie Wong in 1950.

Here is the dress with very little ease. (To the right)

The important thing to notice here is that this dress has very little ease or extra fabric built into the garment through bust, waist and hip lines to allow for ease of comfort of movement, sitting walking and other normal body movements.

This is just the difference in two cultures, but needs to be noticed when you notice the difference in patterns particularly difference between Oriental and Occidental designs.

This dress is fitted almost exactly to the body allowing for very little if any ease through these hips, bust and waist. The body naturally settles when sitting, however in this close fit, the dress and fitting allowances allow no adjustment or ease for comfort while sitting.



Here are the typical American ease measurements, but again, this is a very personal chart. I have purposely made this chart very generous. For me personally, I much prefer a closer fit, especially in the Semi-fitted and Loose-fitting categories, but again notice even in the Close-fitting category how much ease there is as compared to the dress above.

	Close Fitting	Fitted	Semi-Fitted	Loose Fitting	Very Loose Fitting
Bust	2 7/8"	3 - 4"	4 1/8 - 5"	5 1/8 - 8"	over 8"
Waist	1"	1 1/8 - 2"	2 1/8 - 3"	3 1/8 - 4"	over 4"
Hip	1 7/8"	2 - 3"	3 1/8 - 4"	4 1/8 - 6"	over 6"

Ease Allowances				
Silhouette	Bust Area			Hip Area
	Dresses, Blouses, Skirts, Tops, Vests	Jackets	Coats	Shirts, Pants, Shorts, Culottes
	Lined or Unlined			
Close Fitting	0 - 2 7/8"	not applicable		0 - 1 7/8"
Fitted	3 - 4"	3 3/4 - 4 1/4"	5 1/4 - 6 3/4"	2 - 3"
Semi-Fitted	4 1/8 - 5"	4 3/8 - 5 3/4"	6 7/8 - 8"	3 1/8 - 4"
Loose Fitting	5 1/8 - 8"	5 7/8 - 10"	8 1/8 - 12"	4 1/8 - 6"
Very Loose Fitting	over 8"	over 10"	over 12"	over 6"

This [ease chart](#) is online, as well as a [measurement chart](#) and the [apex point primer](#).