



**Supply List for Mannequin**

**Fabric:** You will need about 3 yards of muslin canvas or cotton duck. I like the unbleached duck, but either of these are very sturdy and will not give. Joann’s has this [online](#) or at their store. Get whatever your pattern suggests ([see below](#)).

**Form:** I like the Uniquely You form as not only is this a good representation of you, it’s also pinnable and you can press on it. But the best part is that if you change sizes, it will change with you and this doesn’t require a whole new class or a lot of work. I’ll explain this in class, but this is one of the major advantages of this type of form. It’s not the cheapest out there, but it’s also not the most expensive, and it will last. I’ve had mine for almost 50 years, and the foam is still sturdy and does not crumble.

Below is a size chart for the Form - do not worry about the cover size as you will not be ordering one of those. It’s best to order a form a little larger than your body, so if you fit in between two sizes, then purchase the form the larger of the two sizes.

<i>Form Size</i>	<b>Hip Meas.</b>	<b>Waist Meas.</b>	<i>Cover Size</i>	<b>Bust Measurement</b>
<b>Petite</b>	29" to 34"	22" to 27"	<b>1</b>	29" thru 31½"
			<b>2</b>	32" thru 33½"
			<b>3</b>	34" thru 35"
<b>Small</b>	34½" to 38½"	24" to 31"	<b>4</b>	34½" thru 36"
			<b>5</b>	36½" thru 38"
			<b>6</b>	38½" thru 40"
<b>Medium</b>	39" to 42½"	28" to 35"	<b>7</b>	36" thru 37½"
			<b>8</b>	38" thru 39½"
			<b>9</b>	40" thru 42"
<b>Medium Large</b>	43" to 45½"	32" to 38½"	<b>10</b>	39" thru 40½"
			<b>11</b>	41" thru 42½"
			<b>12</b>	43" thru 44½"
<b>Large</b>	46" to 50"	38" to 44"	<b>13</b>	45½" thru 48"
			<b>14</b>	48½" thru 51"

**Form Sources:** You will need a Uniquely You Sewing Kit, this can be purchased at [AllBrands.com](#), or [SewVac](#). You will need to check these sites to see their latest stock as some of the stock goes in and out. Also, make sure you check shipping cost because that can add a lot to your total. Also, check [Amazon](#) as they have the Uniquely You form in stock from time to time. This link may not work, but it will take you to Amazon, and do a search for "Uniquely You Dress Form" and that should bring up the results you need. Be aware some places charge separately for the form (inside) and for the cover (outside). You will only need the form for class so if you can order the form separate from the cover, that will save you some money.

**Pattern:** I don't like the cover that comes with the form, so I recommend you purchase fabric and a sloper or shell pattern - Butterick 5627, Vogue 1004, McCalls 2718 which can all be purchased at Joann's. The only downloadable version I have found BurdaStyle [bodice](#) and [skirt](#) for basic sizes and [bodice](#) and [skirt](#) for plus sizes. For the BurdaStyle pattern you will need both the bodice and the skirt for one cover.

Here are some online resources for these patterns:

[Vogue Patterns: 1004](#)

[Pattern Review Vogue: 1004](#)

[Butterick Patterns: 5627](#)

[Pattern Reivew Butterick: 5627](#)

[McCalls Patterns: 2718](#)

[Pattern Review McCalls: 2718](#)

**Notions:** You will need a long upholstery metal zipper. If you can find one that's separating, that's a plus, but if not, get the regular one. Joann's has a [home brass zipper chain 72" long](#) that will work great. If you have time, you can get a long separating zipper online - the online versions may be plastic but they are heavy-duty so they will work well on your mannequin cover. Check Etsy for 72" long separating zippers, and [here's](#) another.

Another notion you might need is if you purchased a form that is smaller than you need, bring some quilt batting for stuffing and making the mannequin fit you properly. For example, if any measurement is greater than the largest size you purchased, bring some quilting batting.

**Thread:** Regular thread is great for sewing this cover.

**Needles:** An 80 sharp needle is good for this kind of sewing, and the store has these in stock, so you can purchase them there.

**What to wear:** It's vital that you wear a good bra and the foundation garments that you wear every day. If you wear a bra and Spanx every day, then wear those to class. It's easy too if you wear something you can slip in and out of quickly as you will have lots of fittings.

**Note:** The foam fillers ship in various speeds from various sources. If you do not have your form for class, don't worry. We can wait till your form comes in after class and I will meet you at Bernina to help you *stuff* your form. It does take two people to do this.